



PORTLAND BROWN

Risk Assessment

1. Are you currently suffering from any of the following?

- High fever (>37.5 degrees Celsius)
- Weakness and fatigue
- Dry cough
- Breathing difficulty
- Loss of taste or smell

If you have any of the above symptoms:

- If you live alone, stay at home for **10 full days** from the day after your symptoms started.
- If you live with others and you or one of them have symptoms, then **all household members** must stay at home and not leave the house for **10 full days**. The 10-day period starts from the day after the first person in the house became ill. For anyone in the household who starts displaying symptoms, they need to stay at home for 10 full days from when the symptoms appeared, regardless of what day they are on in the original 10-day isolation period

After the isolation period, if the person feels better and no longer has a high temperature, they can return to their normal routine. If they have not had any signs of improvement and have not already sought medical advice, they should contact NHS 111 or online at 111.nhs.uk

2. Have you come into close contact with anyone who have been suspected of having COVID-19 Virus or presented with the same conditions above?

- No
- Yes (Please specify) _____

3. Are you travelling / Have you arrived, from a country that is included in the 'travel corridor' list provided by the UK government?

- Yes
- No
- Unknown (Please specify destination arrived from) _____

If you have answered no to the above, you are required to self-isolate for a period of 10 full days from your date of entry to the UK unless you have opted in to the Test to Release Scheme (for arrivals from 15 December 2020).

Declared by (Name) _____ of Passport
No. _____

of address

-

Phone No _____

Reservation No _____

Name and Signature _____

Date: _____

